

VCA Yr 5 Camp 15-17 Jan 18



PACKING LIST

	ITEM:	QTY:
CLOTHING:	School T-Shirts	3
	PE Shorts	3
	Track Pants (For High Elements)	1
	Undergarments	Sufficient
	Windbreaker	1
	Socks	3
FOOTWEAR:	Sport Shoes	1
	Sandals or Slippers	1
SHOWER ITEMS:	Towel	1
	Shampoo	Sufficient
	Soap	Sufficient
	Conditioner	Sufficient
	Facial Wash	Sufficient
TOILETRIES:	Toothpaste	1
	Toothbrush	1
SLEEPING GEAR:	Warm sleepwear	1
	Sleeping Bag	1
MEAL UTENSILS:	Water Bottle	1
PERSONAL PROTECTION: (optional)	Sunscreen	1
	Sunblock Lotion	1
	Insect Repellent	1
	Cap	1
	Sunglasses	1
	Poncho or Raincoat	1
OTHERS:	Writing Materials	1
	Torchlight with spare batteries	Sufficient
	Plastic Bags (for soiled clothing)	Sufficient
	Toilet Paper or Tissues	Sufficient
	Personal Medication (if required)	1
	Thermometer	1